

	Language	Course	Duration	Fee (Incl. Tax)	Note
Booking can be made on our website.					
1	Japanese	BST: Basic Safety Training 5 modules, (FA, FAW, WAH/MH, SS)	5 days	JPY 330,000	There are no qualifications required to attend the course, but you will be asked to submit a self-assessment form regarding your health condition. The procedure will be emailed to you after registration.
2	English	English, BST Basic Safety Training 5 modules, (FA, FAW, WAH/MH, SS)	5 days	JPY 363,000	There are no qualifications required to attend the course, but you will be asked to submit a self-assessment form regarding your health condition. The procedure will be emailed to you after registration. The course uses English texts and is accompanied by an English-speaking instructor. (The course is an addition to the regular Japanese language course.) For groups of six or more, we offer the course with English-speaking participants only, please contact us.
3	Japanese	ART: Advanced Rescue Training (ART-H, ART-N, SART-H, SART-N)	3 days	JPY 242,000	This course is only open to those with valid BST First Aid, Manual Handling and Working At Height certificates. The course involves a lot of practical skills and requires physical fitness, such as moving a 60kg dummy doll and working in confined spaces.
4	English	English, ART: Advanced Rescue Training (ART-H, ART-N, SART-H, SART-N)	3 days	JPY 266,200	This course is only open to those with valid BST First Aid, Manual Handling and Working At Height certificates. The course uses English texts and is accompanied by an English-speaking instructor. (The course is an addition to the regular Japanese language course.) For groups of six or more, we offer the course with English-speaking participants only, please contact us.
5	Japanese	EFA: Enhanced First Aid	3 days	JPY 242,000	There are no qualifications required to attend the course, but you will be asked to submit a self-assessment form regarding your health condition. The procedure will be sent to you by email after registration. The training includes medical procedures that are not allowed to be carried out by the general public in Japan. The training does not guarantee that you will be able to carry out medical procedures.
6	English	English, EFA: Enhanced First Aid	3 days	JPY 266,200	There are no qualifications required to attend the course, but you will be asked to submit a self-assessment form regarding your health condition. The procedure will be sent to you by email after registration. The training includes medical procedures that are not allowed to be carried out by the general public in Japan. The training does not guarantee that you will be able to carry out medical procedures. The course uses English texts and is accompanied by an English-speaking instructor. (The course is an addition to the regular Japanese language course.) For groups of six or more, we offer the course with English-speaking participants only, please contact us.
Can be organised individually. Please contact us via our website.					
7	Japanese	BST: Basic Safety Training 4 modules (excl. SS) (FA, FAW, WAH/MH)	4 days	JPY 264,000	There are no qualifications required to attend the course, but you will be asked to submit a self-assessment form regarding your health condition. The procedure will be emailed to you after registration.
8	English	English, BST Basic Safety Training 4 modules (excl. SS) (FA, FAW, WAH/MH)	4 days	JPY 290,400	There are no qualifications required to attend the course, but you will be asked to submit a self-assessment form regarding your health condition. The procedure will be emailed to you after registration. When you take this course in English, you will use our English texts with an English-speaking instructor. The course is an addition to the regular Japanese language class. (If six or more, we will organize English class separately. Please contact us.)
9	Japanese	BST: Basic Safety Training Sea Survival 1 day course (SS)	1 day	JPY 88,000	There are no qualifications required to attend the course, but you will be asked to submit a self-assessment form regarding your health condition. The procedure will be emailed to you after registration.
10	English	English, BST Basic Safety Training Sea Survival 1 day course (SS)	1 day	JPY 96,800	There are no qualifications required to attend the course, but you will be asked to submit a self-assessment form regarding your health condition. The procedure will be emailed to you after registration. When you take this course in English, you will use our English texts with an English-speaking instructor. The course is an addition to the regular Japanese language class. (If six or more, we will organize English class separately. Please contact us.)
11	Japanese	BSTR: Basic Safety Training 5 modules Refresher (FA, FAW, WAH/MH, SS)	3 days	JPY 231,000	Can be organised individually for groups of 6 or more. Please enquire via our website. Valid GWO certification for each course is required. If the refresher's course is taken earlier than two months before the expiry date, the next validity period is two years after the training end date. When you take those course in English, you will use our English texts with an English-speaking instructor. The course is an addition to the regular Japanese language class. (If six or more, we will organize English class separately.)
12	English	English, BSTR Basic Safety Training 5 modules Refresher (FA, FAW, WAH/MH, SS)	3 days	JPY 254,100	
13	Japanese	BSTR: Basic Safety Training 4 modules Refresher (excl. SS) (FA, FAW, WAH/MH)	3 days	JPY 184,800	
14	English	English, BSTR Basic Safety Training 4 modules Refresher (excl. SS) (FA, FAW, WAH/MH)	3 days	JPY 203,300	
15	Japanese	ARTR: Advanced Resque Training Refresher (ART-H, ART-N, WAH/MH)	3 days	JPY 242,000	
16	English	English, ARTR: Advanced Resque Training Refresher (ART-H, ART-N, WAH/MH)	3 days	JPY 266,200	
17	Japanese	EFAR: Enhanced First Aid Refresher (EFA)	2 days	JPY 169,400	
18	English	English, EFAR: Enhanced First Aid Refresher (EFA)	2 days	JPY 183,340	
The courses below are scheduled to open in the second half of Fiscal Year 2025.					
19	Japanese	BTT			
20	English	BTT (English)			
21	Japanese	SLS			
22	English	SLS (English)			